

Womens 5000 Meter Run University ROC

Place	Athlete Name	Yr	Affiliation	Time	Tm Pts	2k	3k
1	Jess Palacio	8	US Naval Academy	17:35.1	1	06:51.0	10:31.8
2	Wesley Frazier	13	UNA-NC-RALEIGH-FRAZIER	18:03.3		06:51.0	10:32.4
3	Jordan Jenkins	10	Unattached - NCSU	18:20.4		07:00.0	10:46.8
4	Ryanna Henderson	10	NC State U.	18:37.1	2	07:18.6	11:09.0
5	Tlayonna Blackmon	8	Unattached - NCSU	18:46.8		07:17.4	11:09.0
6	Marika Walker	8	NC State U.	18:47.1	3	07:17.4	11:09.0
7	Brigid Byrne	10	US Naval Academy	18:49.0	4	07:10.2	11:08.4
8	Bona Jones	7	NC State U.	18:53.3	5	07:22.8	11:15.0
9	Mollie Hebda	8	US Naval Academy	18:56.8	6	07:18.0	11:10.2
10	Zatha Loewen	10	US Naval Academy	18:57.3	7	07:27.0	11:21.0
11	Kristy Zeiler	7	Methodist U.	19:04.0	8	07:15.6	11:12.6
12	Jacqueline Blackburn	9	US Naval Academy	19:08.9	9	07:21.6	11:14.4
13	Paige Woodard	8	NC State U.-B	19:14.2		07:27.6	11:27.0
14	Bethany Rahall	7	US Naval Academy	19:16.0	10	07:22.2	11:23.4
15	Natalie Rich	10	NCSU Club Cross Country-B	19:21.9	11	07:40.8	11:43.2
16	Danielle McKee	10	The Citadel	19:22.7	12	07:44.4	11:58.2
17	Annie Barry	9	US Naval Academy	19:31.2	13	07:24.6	11:28.2
18	Kenyetta Iyevbele	10	Unattached - NCSU	19:33.7		07:19.2	11:10.8
19	Krystle Medlin	1	St. Augustine's College	19:36.0		07:24.6	11:36.6
20	Jessie Alley	8	Longwood U.	19:40.4	14	07:27.0	11:31.8
21	Aimee Brenner	7	US Naval Academy	19:45.6		07:34.8	11:40.8
22	Ciara Madding	14	Longwood U.	19:55.0	15	07:32.4	11:42.0
23	Anna Gillespie	9	NC State U.	19:56.0	16	07:23.4	11:36.0
24	Tess Wynn	10	Unattached - NCSU	19:56.5		07:51.0	11:58.2
25	Mary Jordan	10	US Naval Academy	19:59.7		07:37.8	11:50.4
26	Emily Egelhoff-Whalen	10	NC State U.	20:00.2	17	07:57.6	12:06.0
27	Katie Taylor	8	US Naval Academy	20:04.8		07:31.2	11:44.4
28	Erin Neumann	7	US Naval Academy	20:07.0		07:37.2	11:50.4
29	Katie Rentz	7	US Naval Academy	20:07.4		07:37.8	11:49.8
30	Megan Carney	8	UNC - Pembroke	20:08.3	18	07:40.2	11:57.6
31	Carly Kovacic	8	NCSU Club Cross Country-B	20:11.7	19	07:57.0	12:10.8
32	Amanda Burger	8	NC State U.	20:12.0	20	07:58.2	12:04.8
33	Taylor Stokes	10	Guilford College	20:12.7		08:02.4	12:13.8
34	Christina Shonbeck	10	The Citadel	20:15.2	21	07:49.2	11:58.8
35	Livia Mahaffie	8	UNC - Pembroke	20:16.5	22	07:46.8	12:03.6
36	Kellie Hall	10	US Naval Academy	20:21.6		07:41.4	12:03.6
37	Ellie Websiter	10	US Naval Academy	20:28.8		07:57.6	12:09.6
38	Sarah Burns	7	US Naval Academy	20:29.4		07:51.0	12:03.6
39	Megan Short	9	Longwood U.	20:38.7	23	07:43.2	12:02.4
40	Ashlee Doughty	10	UNC - Pembroke	20:40.6	24	07:50.4	12:06.6
41	Suzie Gay	7	The Citadel	20:43.2	25	07:57.0	12:15.6
42	Meghan Hegarty	6	NCSU Club Cross Country-B	20:45.9	26	07:39.6	12:03.0
43	Jenna Sprinkle	9	Longwood U.	20:49.6	27	08:03.6	12:25.8
44	Bonnie MacDonald	6	UNC - Pembroke	20:57.1	28	07:52.8	12:16.2
45	Cora Shull	9	NC State U.	21:00.8	29	08:06.6	12:27.0
46	Melissa Gannon	8	NCSU Club Cross Country	21:01.7	30	07:57.6	12:33.0
47	Annette Sem	9	UNC - Pembroke	21:06.2	31	07:37.8	12:01.8
48	Molly Spencer	9	NCSU Club Cross Country-C	21:07.9		08:00.0	12:21.0
49	Lyndsay Mizok	8	Montreat College	21:09.9	32	07:46.2	12:11.4
50	Marina McGrail	8	US Naval Academy	21:13.3		07:59.4	12:28.2
51	Erica Brooks	10	Young Harris College	21:14.1	33	08:04.2	12:37.8
52	Charity Daigle	7	Ohio Valley U.	21:14.3	34	08:04.2	12:30.0
53	Micah Wessinger	9	The Citadel	21:22.6	35	07:53.4	12:27.0
54	Stacey Keahon	8	Young Harris College	21:22.9	36	08:05.4	12:38.4
55	Heather Richbourg	9	Young Harris College	21:27.7	37	08:06.6	12:37.2
56	India Bryant	10	Ohio Valley U.	21:41.1	38	08:05.4	12:43.8
57	Brittany View	9	NC State U.	21:48.1		08:11.4	12:42.0
58	Erinn Carter	8	The Citadel	22:00.3	39	08:20.4	12:57.6
59	Woodi Jones	9	UNC - Pembroke	22:04.7	40	08:09.6	12:52.2
60	Catherine Shoemaker	7	UNC - Pembroke	22:17.1	41	08:07.8	13:05.4
61	Ellie Parton	9	Young Harris College	22:24.8	42	08:04.2	12:51.6
62	Sarah Stierwalt	7	The Citadel	22:26.5	43	08:15.6	12:54.0
63	Christelle Vereb	9	Young Harris College	22:29.0	44	08:28.2	13:19.2
64	Dana McAfoos	10	NCSU Club Cross Country-B	22:32.6	45	08:36.6	13:24.6
65	Katie Ballard	8	Methodist U.	22:34.9	46	08:31.8	13:18.0
66	Blair Long	9	UNC - Pembroke	22:35.2		08:35.4	13:19.8
67	Lilian Korir	9	Ohio Valley U.	22:47.8	47	08:42.0	13:27.0
68	Shannyn Holder	10	NCSU Club Cross Country-B	22:49.2	48	08:29.4	13:15.6
69	Kelly Fredenburg	10	NCSU Club Cross Country	22:49.8	49	08:30.0	13:15.0
70	Bridget Flaherty	10	NCSU Club Cross Country	23:02.6	50	08:30.0	13:21.6
71	Emberli McGann	10	Longwood U.	23:02.8	51	08:30.6	13:26.4
72	Sara Foy	8	Ohio Valley U.	23:04.1	52	08:54.0	13:44.4

73	Lupe Rostro	9	Peace College	23:13.3		08:21.0	13:15.6				
74	Nicki Cunningham	14	Longwood U.	23:24.1	53	08:31.2	13:33.0				
75	Alli Gilmore	8	Peace College	23:27.6		08:53.4	13:48.6				
76	Leanne Segur	8	NCSU Club Cross Country-B	23:35.4	54	08:46.8	13:45.6				
77	Maryanne Schramke	9	Young Harris College	23:39.6	55	09:16.2	14:15.0				
78	Colleen Gonzalez	10	Guilford College	23:44.0		09:30.0	14:24.0				
79	Brittanie Morris	10	Methodist U.	23:44.0	56	08:52.8	13:55.8				
80	Kim Hibbett	9	Montreat College	23:51.5	57	09:07.8	14:21.0				
81	Elyse Gildernew	8	Montreat College	24:04.4	58	09:17.4	14:23.4				
82	Amanda Gottberg	10	NCSU Club Cross Country	24:11.0	59	09:11.4	14:15.6				
83	Ashley Selfridge	8	Methodist U.	24:26.4	60	09:11.4	14:21.6				
84	Preet Dhillion	8	Ohio Valley U.	24:31.3	61	09:24.6	14:36.0				
85	Robyn Finley	10	Young Harris College	24:37.9	62	09:02.4	14:10.8				
86	Brittany Sellers	10	Ohio Valley U.	24:57.8	63	09:22.8	14:36.6				
87	Morgan Freyer	7	Guilford College	25:05.3		09:39.0	14:50.4				
88	Morgan Artis	9	Methodist U.	25:27.7	64	09:40.2	15:00.6				
89	Kelsey Sherrill	7	NCSU Club Cross Country-C	25:30.3		10:01.8	15:22.2				
90	Hilary Schultz	10	Guilford College	25:47.5		09:38.4	14:55.8				
91	Katlyn Lukacena	10	Montreat College	25:49.2	65	09:55.2	15:30.0				
92	Katlyn Jarrell	9	Methodist U.	26:04.9	66	09:40.8	15:08.4				
93	Kimberly Ott	10	Montreat College	26:10.0	67	09:55.8	15:30.6				
94	Leslie Castillo	9	NCSU Club Cross Country	26:18.4	68	09:26.4	15:18.6				
95	Rachel Huffman	9	NCSU Club Cross Country-B	26:33.8	69	10:06.6	15:39.6				
96	Erin Miller	9	NCSU Club Cross Country-B	26:50.7		10:06.6	15:38.4				
97	Rebekah Moore	7	Ohio Valley U.	30:05.2	70	10:58.2	17:29.4				
98	Lindsay Coleman	10	Young Harris College	31:49.0		11:27.0	18:38.4				
99	Taylor Clark	9	Peace College	32:59.0		11:54.6	18:54.0				
100	Auriel Vasquez	10	Peace College	34:51.8		12:31.8	20:43.8				

Team Scores

Rank	Team	Score	Avg Time	R1	R2	R3	R4	R5	R6	R7
1	US Naval Academy	27	18:41.4	1	4	6	7	9	-10	-13
2	NC State U.	43	19:14.4	2	3	5	16	17	-20	-29
3	UNC - Pembroke	123	20:37.8	18	22	24	28	31	-40	-41
4	Longwood U.	130	20:49.2	14	15	23	27	51	-53	
5	The Citadel	132	20:45.0	12	21	25	35	39	-43	
6	NCSU Club Cross Country-B	149	21:08.4	11	19	26	45	48	-54	-69
7	Young Harris College	192	21:47.4	33	36	37	42	44	-55	-62
8	Ohio Valley U.	232	22:39.6	34	38	47	52	61	-63	-70
9	Methodist U.	234	23:03.6	8	46	56	60	64	-66	
10	NCSU Club Cross Country	256	23:28.8	30	49	50	59	68		
11	Montreat College	279	24:13.2	32	57	58	65	67		