

2024 US Junior List - Indoor-Outdoor -Men  
 Send additions/corrections to jispier8@gmail.com  
 Athletes born 2005 or later

18-Jun-04

BLUE = 2023-2024 INDOOR MARK

2024 USATF U20 Qualifying Standard near event title with the prefix USU20

2024 WA U20 Qualifying Standard near event title with prefix WU20

Top 2 in all events in the USATF U20 Championships except the 100m and 400m qualify for the  
 2024 World Athletics U20 Championships assuming they have met the World Standards  
 USATF usually takes 4 in the 100m and 400m for the relay pool.

Those who have qualified have a green background below.

<u>100m</u>								
			<u>USU20: 10.55</u>	<u>WU20: 10.55</u>				
9.93	1.6	Christian Miller	Florida HS	16-May-06	1	Pure Athletics Spring Inv	Clermont, FL	20-Apr
10.11	1.4	NYCK HARBOR	SOUTH CAROLINA	5-Jul-05	4q2	NCAA East	Lexington, KY	24-May
10.25	-0.3	Maurice Gleaton	Georgia HS	26-Nov-06	1	NON	Eugene, OR	14-Jun
10.27	1.6	ZACHARY DELLA ROCCA	PRINCETON	3-Jun-05	1h1	Ivy League	Princeton, NJ	4-May
10.27	1.3	Jaden Wiley	Georgia HS	10-Aug-06	1h1	USATF U20	Eugene, OR	12-Jun
10.27	1.8	Zamarii Sanders	Florida HS		1	NBNO	Philadelphia, PA	15-Jun
<u>200m</u>								
			<u>USU20: 21.20</u>	<u>WU20: 21.35</u>				
20.20	0.5	NYCK HARBOR	SOUTH CAROLINA	5-Jul-05	3q3	NCAA East	Lexington, KY	24-May
20.50	1.3	Zamarii Sanders	Florida HS		1	FL 3A Region 4	Miramar, FL	8-May
20.51	0.2	Christian Miller	Florida HS	16-May-06	1	Bob Hayes Inv	Jacksonville, FL	16-Mar
20.55	0.8	Brandon Arrington	California HS		1	CA State Meet	Clovis, CA	25-May
20.55	0.1	Jake Odey-Jordan	DC HS		1	NBNO	Philadelphia, PA	16-Jun
<u>400m</u>								
			<u>USU20: 47.40</u>	<u>WU20: 47.65</u>				
45.13		Quincy Wilson	Maryland HS	8-Jan-08	1	NBNO	Philadelphia, PA	15-Jun
45.35		Ervin Pearson	Georgia HS	17-Jan-06	1	GA 7A	Carrrollton, GA	11-May
45.37		Sidi Njie	Georgia HS	20-Feb-07	2	GA 7A	Carrrollton, GA	11-May
45.49		JAYDEN DAVIS	ARIZONA STATE	10-Mar-05	4	PAC 12	Boulder, CO	12-May
45.76		Tywan Cox	Florida HS		1	GMAC Champs	Miami, FL	11-Apr
<u>800m</u>								
			<u>USU20: 1:51.60</u>	<u>WU20: 1:50.50</u>				
1:47.00		DANIEL WATCKE	VILLANOVA	12-Jan-05	2	Big East	Villanova, PA	11-May
1:47.05		LEO DAVIS	HAMPTON	29-Jan-05	1	South Carolina Inv	Columbia, SC	3-Feb
1:47.41		ANDREW CASEY	WISCONSIN	21-Feb-05	4q1	NCAA West	Fayetteville, AR	24-May
1:47.54		MICHAEL LONG	AVE MARIA	24-May-05	1	USATF U20	Eugene, OR	13-Jun
1:47.55		Patrick Hilby	Central Catholic		1	NBNO	Philadelphia, PA	16-Jun
1:48.00		LEO DAVIS		29-Jan-05	6	Florida Relays	Gainesville, FL	30-Mar
<u>1500m</u>								
			<u>USU20: 3:45.00</u>	<u>WU20: 3:48.00</u>				
3:40.58		AYDEN GRANADOS	OKLAHOMA STATE	10-May-95	4	Arkansas Twilight	Fayetteville, AR	3-May
3:40.93		TRENT MC FARLAND	MICHIGAN	1-Jun-05	14	Wake Forest Inv	Winston-Salem, NC	19-Apr
3:41.69		CHRIS CAUDILLO	CAL POLY/SLO	5-Aug-05	9	Oxy Invite	Los Angeles, CA	4-May
3:41.79'		Drew Griffith	Pennsylvania HS		1	Hoka Festival of Miles	St. Louis, MO	30-May

3:41.84	LEO YOUNG	STANFORD	28-Feb-05	9r1	NCAA West	Fayetteville, AR	24-May
	<u>Mile</u>	<u>USU20: 4:02.00</u>					
3:57.72	Drew Griffith	Pennsylvania HS		1	Hoka Festival of Miles	St. Louis, MO	30-May
3:59.62	Zachary Hillhouse	Utah HS		2	NBNO	Philadelphia, PA	15-Jun
3:59.87	Jo Jo Jourdon	Utah HS	26-Feb-06	1	NB Grand Prix	Boston, MA	3-Feb
4:00.02	Clay Shively	Kansas HS		2	Hoka Festival of Miles	St. Louis, MO	30-May
4:00.76	Nathan Neil	Montana HS	12-Aug-06	3	Hoka Festival of Miles	St. Louis, MO	30-May
4:02.81	Jo Jo Jourdon			2	NON	Eugene, OR	15-Jun
	<u>3000 Meters</u>	<u>USU20: 8:11.00</u>	<u>WU20: 8:07.00</u>				
7:54.31	LEO YOUNG	STANFORD	28-Feb-05	2	Ken Shannon Last Ch	Seattle, WA	23-Feb
7:55.17	LEX YOUNG	STANFORD	28-Feb-05	4	Ken Shannon Last Ch	Seattle, WA	23-Feb
7:58.66'	Drew Griffith	Pennsylvania HS		1	Brooks PR Invite	Seattle, WA	12-Jun
8:01.50'	Patrick Koon	Florida HS	30-Aug-05	2	Brooks PR Invite	Seattle, WA	12-Jun
8:06.11'	Daniel Simmons	Utah HS		1	NBNO	Philadelphia, PA	15-Jun
	<u>5000 Meters</u>	<u>USU20: 14:20.00</u>	<u>WU20: 14:08.00</u>				
13:25.86	Daniel Simmons	Utah HS		8	Portland Track Festivl	Portland, OR	9-Jun
13:42.55	ALAZAR TEFFRA	GEORGETOWN	18-Mar-05	19		Brussels, Belgium	25-May
13:46.81	LEO YOUNG	STANFORD	28-Feb-05	5	Stanford Inv	Palo Alto, CA	29-Mar
13:49.15	LEX YOUNG	STANFORD	28-Feb-05	5	Payton Jordan Inv	Palo Alto, CA	26-Apr
13:50.43	LIAM NEWHART	WISCONSIN	29-Mar-05	1	UW Platteville Inv	Platteville, WI	13-Apr
	<u>10000 Meters</u>						
29:25.82	LEX YOUNG	STANFORD	28-Feb-05	36	Stanford Inv	Palo Alto, CA	29-Mar
29:39.36	JACK JOHNSTON	TEXAS A+M	20-Mar-05	3	Bryan Clay Inv	Azusa, CA	11-Apr
29:43.61	ANTHONY RODRIGUEZ	BABSON	25-Sep-05	1	Sam Collier Inv	Cambridge, MA	19-Apr
29:44.72	LOGAN LAW	GONZAGA	8-Feb-05	1	Whitworth Twilight	Spokane, WA	11-Apr
29:51.60	RILEY NIEDROW	WYOMING (unat)	17-Mar-05	5	Leopard Inv	La Verne, CA	13-Apr
	<u>110m Hurdles [39"]</u>	<u>USU20: 13.90</u>	<u>WU20: 14.20</u>				
13.12	1.6 JA'KOB THARP	AUBURN	30-Sep-05	1	USATF U20	Eugene, OR	13-Jun
13.27	1.7 Mason Dossett	Texas HS	1-Sep-05	1	Texas Relays	Austin, TX	30-Mar
13.31	2.0 Karamoko Sacko	Colorado HS		1	Brooks PR	Seattle, WA	12-Jun
13.31	1.6 ANDRE KORBMACHER	FLORIDA STATE	20-Apr-05	2	USATF U20	Eugene, OR	13-Jun
13.37	1.6 Bradley Franklin	Alabama HS	25-Jul-06	1	AL 7A	Gulf Shores, AL	4-May
	<u>110m Hurdles [42"]</u>	<u>USU20: 14.10</u>					
13.18	0.4 JA'KOB THARP	AUBURN	30-Sep-05	1	SEC	Gainesville, FL	11-May
13.56	0.5 ANDRE KORBMACHER	FLORIDA STATE	20-Apr-05	1	Florida State Relays	Tallahassee, FL	21-Mar
13.80	2.0 DONOVAN BRADLEY	CALIFORNIA	29-Jan-05	2	Aztec Inv	San Diego, CA	23-Mar
13.82	0.8 JOSH PARRISH	WICHITA STATE	22-Feb-05	2	American Conf	San Antonio, TX	12-May
	<u>400m Hurdles</u>	<u>USU20: 52.50</u>	<u>WU20: 53.20</u>				
49.87A	JONATHAN FRAZIER	WASHINGTON	24-May-05	2	PAC 12	Boulder, CO	11-May
50.23	Vance Nilsson	Arizona HS	7-Nov-05	1	USATF U20	Eugene, OR	13-Jun
50.41	XAVIER BRANKER	NC STATE	6-Apr-05	3	ACC	Atlanta, GA	11-May
50.61	BRYCE TUCKER	RUTGERS	6-Jan-05	1	Big 10	Ann Arbor, MI	12-May
50.72	PREMIER WYNN	NORFOLK STATE	31-Jul-05	2	MEAC	Norfolk, VA	8-May

<u>2000m Steeplechase {6:10.00}</u>			<u>USU20: 6:00.00</u>					
5:43.50		Noe Kemper	Idaho HS	28-May-06	1	NBNO	Philadelphia, PA	15-Jun
5:49.15		*Soheib Dissa	Connecticut HS	19-Sep-07	2	NBNO	Philadelphia, PA	15-Jun
5:52.21		Connor Long	Ohio HS		3	NBNO	Philadelphia, PA	15-Jun
5:52.52		Samuel Ferguson	Kansas HS		4	NBNO	Philadelphia, PA	15-Jun
5:52.53		Marcelo Parra	Texas HS	15-Oct-05	1	Inv	San Antonio, TX	9-Mar
<u>3000m Steeplechase</u>			<u>USU20: 9:20.00</u>		<u>WU20: 9:02.00</u>			
8:42.91		WYATT HAUGHTON	BYU	12-May-05	4	Big 12	Waco, TX	11-May
8:54.42		LUKE KNEPP	IOWA	25-Jan-05	2	USATF U20	Eugene, OR	12-Jun
8:47.05		KOLE MATHISON	COLORADO	18-Jan-05	4r2	NCAA West	Fayetteville, AR	24-May
8:52.50		BILLY CARLTON	GEORGIA TECH	2-Aug-05	10	Penn Relays	Philadelphia, PA	25-Apr
8:57.32		PARKER SIMMONS	UCSB	18-May-05	3	USATF U20	Eugene, OR	12-Jun
<u>High Jump</u>			<u>USU20: 6-10.25</u>		<u>WU20:6-11.75</u>			
7-04.25	2.24	Scottie Vines	Colorado HS	1-Nov-05	1	Texas Relays	Austin, TX	29-Mar
7-03.25	2.22	TITOLUWA ALOFE	HARVARD	4-Apr-05	2	USATF U20	Eugene, OR	13-Jun
7-03	2.21	RIYON RANKIN	GEORGIA	16-Mar-05	2	Tom Jones Inv	Gainesville, FL	12-Apr
7-02.5	2.20	KYREN WASHINGTON	OKLAHOMA	20-May-05	5	NCAA West	Fayetteville, AR	24-May
7-02.25		Khalil Antoine	Connecticut HS	26-Feb-06	1	NBNO	Philadelphia, PA	15-Jun
<u>Pole Vault</u>			<u>USU20: 16-08.75</u>		<u>WU20: 16-08.75</u>			
18-02.5	5.55	MADDOX HAMM	VIRGINIA TECH	21-May-05	1	Texas Relays	Austin, TX	28-Mar
17-09.5	5.42	Victor Olesen	Virginia HS	29-Oct-07	1	XHPV Summer Series	Richmond, VA	25-May
17-09	5.41	Bryce Barkdull	Kansas HS	21-Jul-05	1	AVCTL Division 2	Salina, KS	9-May
17-08.5	5.40	Dyson Wicker	Texas HS	26-May-06	1	NBNI	Boston, MA	10-Mar
17-08.5	5.40	HILTON GREEN	OKLAHOMA	25-Feb-05	3	Texas Relays	Austin, TX	28-Mar
17-00	5.18	Dyson Wicker			1	Jesuit Sheaner Relays	Dallas, TX	23-Mar
<u>Long Jump</u>			<u>USU20: 24-03.5</u>		<u>WU20: 24-09.75</u>			
26-00.75	7.94	1.4 JOSH PARRISH	WICHITA STATE	22-Feb-05	1	Friends U Spring Inv	Wichita, KS	4-Apr
25-07.25	7.80	1.9 DAIMON DEDMON	BAKERSFIELD	20-Jan-05	series	So California JC	Norwalk, CA	11-May
25-04.5	7.73	1.2 Juriad Hughes	Minnesota HS	27-Sep-05	2	USATF U20	Eugene, OR	12-Jun
25-02.75	7.69	DJ FILLMORE	OHIO STATE	05	3	Big 10 Indoor	Geneva, OH	24-Feb
25-02	7.67	-0.3 JUSTICE JONES	INCARNATE WORD	29-Mar-05	3	Southland Conf	Houston, TX	9-May
25-02	7.67	1.0 Liam Paneque	New Jersey HS	21-Nov-06	1	NJ MOC	Pennsauken, NJ	12-Jun
24-06.25	7.47	1.6 DJ FILLMORE		20-Jan-05	2	Tom Jones Memorial	Gainesville, FL	13-Apr
<u>Triple Jump</u>			<u>USU20: 48-10.75</u>		<u>WU20: 50-10.25</u>			
53-01.5	16.19	1.1 Karson Gordon	Texas HS	25-Oct-05	1	Texas Relays	Austin, TX	30-Mar
52-11.5	16.14	STERLING SCOTT	MISSOURI	12-Jun-05	3	SEC	Fayetteville, AR	24-Feb
51-11.75	15.84	1.2 MILLER JONES	COLORADO-MESA	1-May-05	1	RMAC Champs	Grand Junction, CO	28-Apr
51-10	15.80	0.2 STERLING SCOTT		12-Jun-05	14	NCAA	Eugene, OR	7-Jun
51-06.25	15.70	1.1 Jaden Lippett	Florida HS	21-Jul-05	1	Florida Relays	Gainesville, FL	30-Mar
51-06.25	15.70	1.3 TREVONTAY SMITH	WASHINGTON	24-May-05	1	Stanford Inv	Palo Alto, CA	29-Mar
51-06.25	15.70	1.2 Khalil Antoine	Connecticut HS	26-Feb-06	1	NBNO	Philadelphia, PA	15-Jun

<u>Shot Put - 12# [65-00]</u>			<u>USU20: 61-11.75</u>					
75-01	22.89	Ben Smith	Wisconsin HS	25-Apr-06	1	Fond du Lac Quad	Fond du Lac, WI	6-May
74-09.75	22.80	Jackson Cantwell	Missouri HS	27-May-08	1	MO Class 5 District 6	Nixa, MO	11-May
70-00.5	21.35	Dillon Morlock	Ohio HS	17-Sep-05	1	Triway Inv	Wooster, OH	20-Apr
69-06.25	21.19	Matt Rusch	Wisconsin HS	23-Jun-05	1	WI Sectional	West Bend, WI	23-May
69-03.75	21.12	Evan Martinez	Texas HS	7-Sep-05	1	Texas Relays	Austin, TX	30-Mar

<u>Shot Put - 6 kg (U20)</u>			<u>USU20: 59-08.5</u>	<u>WU20: 59-08.5</u>				
67-06	20.57	Ben Smith	Wisconsin HS	25-Apr-06	1	USATF U20	Eugene, OR	13-Jun
66-02.5	20.18	TYLER MICHELINI	ARIZONA	15-Jan-05	2	USATF U20	Eugene, OR	13-Jun
65-09	20.04	Evan Martinez	Texas HS	7-Sep-05	3	USATF U20	Eugene, OR	13-Jun
65-04.75	19.93	Dillon Morlock	Ohio HS	17-Sep-05	4	USATF U20	Eugene, OR	13-Jun
64-11.75	19.79	Luke Himes	Indiana HS	2-Aug-05	5	USATF U20	Eugene, OR	13-Jun

<u>Shot Put - 16#</u>			<u>USU20: 55-03.5</u>					
64-05.25	19.64	TREY WILSON	TEXAS TECH	23-Jun-05	Q	NCAA West	Fayetteville, AR	22-May
63-03.5	19.29	ROURY MC CLOYEN	MISSISSIPPI STATE	9-Jan-05	3	Battle on the Bayou	Baton Rouge, LA	30-Mar
59-09	18.21	JACOB COOKINHAM	KANSAS	27-Jan-05	1	Steve Miller Inv	Manhattan, KS	16-Feb
59-05.5	18.12	TYLER MICHELINI	ARIZONA	15-Jan-05	2	Willie Williams Classic	Tempe, AZ	22-Mar
58-04.75	17.80	JACOB KLINK	ILLINOIS STATE	2-Feb-05	2	Redbird Challenge	Normal, IL	29-Mar

<u>Discus Throw - 1.6 kg</u>			<u>USU20: 196-10</u>					
213-00	64.93	Bryce Ruland	Wisconsin HS	26-Sep-06	1	Sectional	Oak Creek, WI	24-May
208-11	63.69	Ben Smith	Wisconsin HS	25-Apr-06	1	Oshkosh North Tri	Oshkosh, WI	23-Apr
206-11	63.07	Derek Smith	California HS	21-Apr-06	1-pre	CA State Champs	Clovis, CA	24-May
206-09	63.03	Gates Hinton	North Carolina HS		1	Quad	Garner, NC	10-Apr
206-08	63.00	Mc Kay Madsen	California HS		1	CA State Champs	Clovis, CA	25-May

<u>Discus Throw - 1.75 kg</u>			<u>USU20: 178-10</u>	<u>WU20: 182-01</u>				
197-09	60.28	ROURY MC CLOYEN	MISSISSIPPI STATE	9-Jan-05	1	USATF U20	Eugene, OR	12-Jun
194-11	59.41	Bryce Ruland	Wisconsin HS	26-Sep-06	2	USATF U20	Eugene, OR	12-Jun
189-08	57.83	FREDERICK VERGENZ	CONCORDIA U IRVINE	11-Mar-05	3	USATF U20	Eugene, OR	12-Jun
188-04	57.42	Kai Twaddle-Dunham	Idaho HS	6-Apr-06	4	USATF U20	Eugene, OR	12-Jun
183-09	56.01	Reece Ihenacho	Illinois HS	24-May-06	5	USATF U20	Eugene, OR	12-Jun

<u>Discus Throw - 2 kg</u>			<u>USU20: 168-11</u>					
186-02	56.74	JAKE STAFFORD	UCLA	1-Jan-05	4	USC vs UCLA	Westwood, CA	28-Apr
185-02	56.44	ROURY MC CLOYEN	MISSISSIPPI STATE	9-Jan-05	10	NCAA East	Lexington, KY	24-May
181-11	55.45	JUSTICE MEFHORS	FULLERTON STATE	18-Aug-05	1	Titan Tuneup	Fullerton, CA	3-May
176-08	53.85	NATHAN LEBOWITZ	YALE	24-Aug-05	1	Penn Relays	Philadelphia, PA	27-Apr
176-04	53.76	BRENNAN BOORD	PITTSBURG STATE	20-Jul-05	6	Mule Relays	Warrensburg, MO	12-Apr

<u>Hammer Throw - 12#</u>			<u>USU20: 203-05</u>					
233-10	71.28	Charles La Fore	Colorado HS	4-Apr-06	1	NON	Eugene, OR	15-Jun
224-05	68.41	Zach Del Sasso	Rhode Island HS	26-Jan-06	1	NBNO	Philadelphia, PA	15-Jun
222-01	67.70	Evan Martinez	Texas HS	7-Sep-05	2	NON	Eugene, OR	15-Jun
221-01	67.39	Aidan Ifkovits	New York HS	10-Feb-06	2	NBNO	Philadelphia, PA	15-Jun
220-09	67.32	Phillips Moore	Georgia HS	14-Sep-05	3	NON	Eugene, OR	15-Jun

		<u>Hammer Throw - 6 kg (U20)</u>	<u>USU20: 193-07</u>	<u>WU20: 221-05</u>				
233-01	71.06	RYAN JOHNSON	EASTERN MICHIGAN	26-Jan-05	1	USATF U20	Eugene, OR	12-Jun
224-01	68.32	PARKER KIM	COLUMBIA	17-Feb-05	2	USATF U20	Eugene, OR	12-Jun
214-09	65.46	NOA ISAIA	ARKANSAS STATE	17-Jan-05	3	USATF U20	Eugene, OR	12-Jun
211-02	64.37	Evan Martinez	Texas HS	7-Sep-05	4	USATF U20	Eugene, OR	12-Jun
210-06	64.17	Aidan Ifkovits	New York HS	10-Feb-06	5	USATF U20	Eugene, OR	12-Jun
		<u>Hammer Throw - 16#</u>	<u>USU20: 183-09</u>					
218-11	66.74	RYAN JOHNSON	EASTERN MICHIGAN	26-Jan-05	4	Jim Click Shootout	Tucson, AZ	5-Apr
196-01	59.77	PARKER KIM	COLUMBIA	17-Feb-05	1	Yale Twilight	New Haven, CT	11-May
192-10	58.78	NOA ISAIA	ARKANSAS STATE	17-Jan-05	6	Joe Walker Inv	Oxford, MS	5-Apr
191-01	58.25	JAKE STAFFORD	UCLA	1-Jan-05	2	Johnson Joyner Inv	Westwood, CA	23-Mar
		<u>Javelin Throw</u>	<u>USU20: 191-11</u>	<u>WU20: 223-01</u>				
232-11	71.00	Paul Catalanatto	Louisiana HS	1-May-06	1	Texas Relays	Austin, TX	29-Mar
218-11	66.73	Preston Kuznof	Florida HS	7-Jun-06	1	USATF U20	Eugene, OR	12-Jun
217-08	66.36	WALKER DEEDE	UTAH STATE	11-Feb-05		Mountain West	Clovis, CA	9-May
215-07	65.72	Bronson Krainak	Pennsylvania HS	19-Apr-05	1	PIAA 2A	Shippensburg, PA	24-May
213-10	65.19	TROY COCCO	CHARLESTON SO (unaf)	25-May-05	1	Appalachian State Inv	Boone, NC	27-Apr
		<u>Decathlon - HS Implements</u>						
7448		Neil Howard	New York HS	12-Jan-06	1	NON	Eugene, OR	13-Jun
6983		Tomoko Cates	Washington HS	7-Apr-06	1	Washington Multis	Kirkland, WA	1-Jun
6961		Colton Dean	Pennsylvania HS	4-May-07	1	NBNO	Philadelphia, PA	14-Jun
6866		Cooper Williams	Arkansas HS	29-Jul-05	2	NON	Eugene, OR	13-Jun
6596		Taylor Searle	Arizona HS		1	AZ Multis	Mesa, AZ	19-May
		<u>Decathlon - U20 Implements {7000}</u>	<u>USU20: 7050</u>	<u>WU20: 7080</u>				
7536		Kenneth Byrd	North Carolina HS	22-May-05	1	USATF U20	Eugene, OR	13-Jun
7482		Brayden Richards	Ohio HS	16-May-05	2	USATF U20	Eugene, OR	13-Jun
7295		AIDEN CARTER	OREGON	9-May-05	3	USATF U20	Eugene, OR	13-Jun
7151		EASTON HAMMOND	TEXAS STATE	5-Jan-05	4	USATF U20	Eugene, OR	13-Jun
		<u>Decathlon - Intl Implements {6400}</u>						
7306		JOSHUA MOONEY	CONNECTICUT	24-May-05	2	Big East	Villanova, PA	10-May
7297		EASTON HAMMOND	TEXAS STATE	5-Jan-05	1	Bobcat Inv	San Marcos, TX	28-Mar
6633		CALEB SMITH	MIDDLEBURY	17Apr05		New Englnd Div III Chsmsps	South Hadley, MA	3-May
6594		CHRISTIAN PURCHASE-OFOEME	SAGINAW VALLEY STATE	23-Mar-05	1	GLIAC Champs	Allendale, MI	1-May
6588		JACOB BALCOME	WISCONSIN-RIVER FALLS	21-Jul-05	1	St. Olaf Last Chance	Northfield, MN	16-May

**2024 US Junior List - Indoor-Outdoor - Women**

18-Jun-24

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2024 WA U20 Qualifying Standard near event title with prefix WU20

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2024 World Athletics U20 Championships assuming they have met the World Standards

USATF usually takes 4 in the 100m and 400m for the relay pool.

Those who have qualified have a green background below.

<u>100 Meters</u>		<u>USU20: 11.65</u>	<u>WU20: 11.78</u>					
11.01	1.7	CYNERIA JAMES	SOUTH CAROLINA	7-Sep-05	1	Weems Baskin Inv	Columbia, SC	23-Mar
11.13	0.0	JAMEESIA FORD	SOUTH CAROLINA	26-Jan-05	1	Charlotte Inv	Charlotte, NC	26-Apr
11.21	-1.3	Indya Mayberry	Texas HS	20-Nov-05	1	TX 6A	Austin, TX	4-May
11.23	1.7	Naylah Jones	New Jersey HS		1	NJ Group 3	Franklinville, NJ	8-Jun
11,23	1.9	*Dana Wilson	North Carolina HS	22-Sep-06	1	Brooks PR	Seattle, WA	12-Jun
<u>200 Meters</u>		<u>USU20: 23.60</u>	<u>WU20: 24.35</u>					
22.08	-1.0	JAMEESIA FORD	SOUTH CAROLINA	26-Jan-05	2	NCAA	Eugene, OR	8-Jun
22.77	0.5	Lisa Raye	Rhode Island HS		1	NBNO	Philadelphia, PA	16-Jun
22.82	0.3	Indya Mayberry	Texas HS	20-Nov-05	1	TX 6A	Austin, TX	4-May
22.82	1.5	Celeste Robinson	Texas HS	28-Dec-06	1	NON	Eugene, OR	15-Jun
22.96	1.8	TAYLOR SNAER	MODESTO JC	22-Feb-05	1	Cal JC Champs	Mission Viejo, CA	18-May
<u>200 Meters - Not Running Outdoors</u>								
22.77		SHAWNTI JACKSON	ARKANSAS	2-May-05	1rC	Razorback Inv	Fayetteville, AR	26-Jan
22.92		Mia Brahe-Pedersen	Oregon HS	28-Nov-05	1h1	VA Showcase	Virginia Beach, VA	12-Jan
<u>400 Meters</u>		<u>USU20: 54.00</u>	<u>WU20: 55.40</u>					
50.81		JAMEESIA FORD	SOUTH CAROLINA	26-Jan-05	5	Tom Jones Inv	Gainesville, FL	13-Apr
50.96		MICHAELA MOUTON	HOUSTON	16-Feb-05	3q2	NCAA West	Fayetteville, AR	25-May
51.33		ZAYA AKINS	SOUTH CAROLINA	30-Aug-05	3q1	NCAA East	Lexington, KY	25-May
51.66		Skylar Franklin	Florida HS	24-Jul-07	1	Hurricane Inv	Miami, FL	6-Apr
52.25		LAUREN LEWIS	TEXAS	8-Jun-05	5	Big 12	Waco, TX	11-May
<u>400 Meters - Not Running Outdoors</u>								
52.10		SHAWNTI JACKSON	ARKANSAS	2-May-05	1	Arkansas Inv	Fayetteville, AR	12-Jan
<u>800 Meters</u>		<u>USU20: 2:09.00</u>	<u>WU20: 2:09.00</u>					
2:00.65		SOPHIA GORRIARAN	HARVARD	20-Jun-05	2q3	NCAA East	Lexington, KY	25-May
2:03.48		Sadie Engelhardt	California HS	21-Aug-06	1	MOC	Azusa, CA	23-Mar
2:03.85		Allison Ince	Illinois HS	12-Nov-05	1	NBNI	Boston, MA	10-Mar

2:03.87	Rachel Forsythe	Michigan HS	14-Mar-06	1	MI MOC	Davison, MI	8-Jun
2:03.98	KA'MYAA HAYWOOD	TENNESSEE	12-Apr-05	7	SEC	Gainesville, FL	11-May
2:05.10	Allison Ince			3	NBNO	Phildelphia, PA	16-Jun
<u>1500 Meters</u>		<u>USU20: 4:20.00</u>	<u>WU20: 4:27.50</u>				
4:08.86	Sadie Engelhardt	California HS	21-Aug-06	8	Portland Track Festival	Portland, OR	9-Jun
4:12.17'	Allie Zealand	Virginia HS	7-Sep-06	1	Hoka Festival of Miles	St. Louis, MO	30-May
4:15.80	Dylan Mc Ihenny	New York HS	17-May-07	1	USATF U20	Eugene, OR	13-Jun
4:16.23	Zariel Macchia	New York HS	14-May-06	2	USATF U20	Eugene, OR	13-Jun
4:16.67'	Charlotte Bell	North Carolina HS	9-Sep-05	2	Hoka Festival of Miles	St. Louis, MO	30-May
<u>One Mile (+ = 1600m + 1.5)</u>		<u>USU20: 4:40.00</u>					
4:28.46	Sadie Engelhardt	California HS	21-Aug-06	1-pro	Hoka Festival of Miles	St. Louis, MO	30-May
4:30.38	Allie Zealand	Virginia HS	7-Sep-06	1	Hoka Festival of Miles	St. Louis, MO	30-May
4:35.70	Charlotte Bell	North Carolina HS	9-Sep-05	2	Hoka Festival of Miles	St. Louis, MO	30-May
4:35.96	Allison Ince	Illinois HS	12-Nov-05	3	Hoka Festival of Miles	St. Louis, MO	30-May
4:36.66	SOPHIA GORRIARAN	HARVARD	20-Jun-05	2	Colyer-Danville Inv	Boston, MA	2-Dec
<u>3000 Meters</u>		<u>USU20: 9:30.00</u>	<u>WU20: 9:32.00</u>				
9:04.53'	Allie Zealand	Virginia HS	7-Sep-06	1	Brooks PR Invite	Seattle, WA	12-Jun
9:07.73'	Elizabeth Leachman	Texas HS	20-Jan-08	1	NIN	New York, NY	8-Mar
9:08.54'	Jane Hedengren	Utah HS	23-Sep-06	2	Brooks PR Invite	Seattle, WA	12-Jun
9:09.26ov	KARRIE BALOGA	COLORADO	5-Oct-05	13	Husky Classic	Seattle, WA	9-Feb
9:09.98'	Elizabeth Leachman		20-Jan-08	3	Brooks PR Invite	Seattle, WA	12-Jun
9:12.18'	Isabel Allori	Colorado HS		4	Brooks PR Invite	Seattle, WA	12-Jun
<u>5000 Meters</u>		<u>USU20: 17:05.00</u>	<u>WU20: 16:30.00</u>				
15:25.27	**Elizabeth Leachman	Texas HS	20-Jan-08	1	Texas Relays	Austin, TX	28-Mar
15:33.29	SOPHIA KENNEDY	STANFORD	11-Jan-05	11	NCAA	Eugene, OR	8-Jun
15:50.34	LEAH STEPHENS	NC STATE	8-Apr-05	7	Wake Forest Inv	Winston-Salem, NC	19-Apr
15:51.57	BROOKE WILSON	WAKE FOREST	2-Apr-05	8	Wake Forest Inv	Winston-Salem, NC	19-Apr
15:56.76	KARRIE BALOGA	COLORADO	5-Oct-05	6r2	Stanford Inv	Palo Alto, CA	29-Mar
<u>100m Hurdles</u>		<u>USU20: 13.70</u>	<u>WU20: 14.20</u>				
13.12	0.7 *Aleesa Samuel	Florida HS	1-Nov-07	1	Bob Hayes Inv	Jacksonville, FL	16-Mar
13.12	0.0 ANA-LIESE TORIAN	ALABAMA A+M	31-Jan-95	1	USATF U20	Eugene, OR	13-Jun
13.15	1.7 NONAH WALDRON	USC	11-Apr-06	1rB	Mt. SAC	Walnut, CA	20-Apr
13.22	2.0 Lillian Harden	Texas HS	8-Feb-05	1	Texas Relays	Austin, TX	30-Mar
13.23	1.6 AKALAH GARRETT	TEXAS	10-May-05	1	Mt. SAC	Walnut, CA	19-Apr
<u>400m Hurdles</u>		<u>USU20: 60.50</u>	<u>WU20: 61.00</u>				
54.44	AKALAH GARRETT	TEXAS	10-May-05	q	NCAA	Eugene, OR	6-Jun
56.63	TIA WILLIAMS	TCU	7-Jul-05	4	Big 12	Waco, TX	11-May

57.12		<b>Braelyn Baker</b>	<b>Washington HS</b>	<b>20-Jan-06</b>	<b>1</b>	<b>USATF U20</b>	<b>Eugene, OR</b>	<b>13-Jun</b>
57.31		<b>Jasmine Robinson</b>	<b>Georgia HS</b>	<b>8-Nov-97</b>	<b>2</b>	<b>USATF U20</b>	<b>Eugene, OR</b>	<b>13-Jun</b>
57.93		<b>SIDNEY SMITH</b>	<b>KANSAS</b>	<b>21-Apr-05</b>	<b>6</b>	<b>Big 12</b>	<b>Waco, TX</b>	<b>11-May</b>
<b>2000m Steeplechase</b>								
6:25.93		<b>Katherine Bohlke</b>	<b>Connecticut HS</b>	<b>06</b>	<b>1</b>	<b>NBNO</b>	<b>Philadelphia, PA</b>	<b>15-Jun</b>
6:32.51		<b>Lillie Bogdan</b>	<b>New York HS</b>	<b>19-Feb-07</b>	<b>1</b>	<b>NY Sec 6</b>	<b>Alden, NY</b>	<b>1-Jun</b>
6:37.31		<b>Brooke Chapman</b>	<b>Ohio HS</b>		<b>3</b>	<b>NBNO</b>	<b>Philadelphia, PA</b>	<b>15-Jun</b>
6:39.98		<b>Caitlin Kasten</b>	<b>North Carolina HS</b>		<b>4</b>	<b>NBNO</b>	<b>Philadelphia, PA</b>	<b>15-Jun</b>
6:41.33		<b>**Summer Wilson</b>	<b>California HS</b>		<b>1</b>	<b>West Coast Classic</b>	<b>Cerritos, CA</b>	<b>2-Jun</b>
<b>3000m Steeplechase</b>								
			<b>USU20: 11:15.00</b>	<b>WU20: 10:38.00</b>				
9:42.22		<b>KARRIE BALOGA</b>	<b>COLORADO</b>	<b>5-Oct-05</b>	<b>8</b>	<b>NCAA</b>	<b>Eugene, OR</b>	<b>8-Jun</b>
9:54.08		<b>ANGELINA NAPOLEON</b>	<b>NC STATE</b>	<b>3-Mar-05</b>	<b>3q1</b>	<b>NCAA East</b>	<b>Lexington, KY</b>	<b>25-May</b>
9:56.99		<b>KATIE CLUTE</b>	<b>OREGON</b>	<b>2-Sep-05</b>		<b>NCAA</b>	<b>Eugene, OR</b>	<b>6-Jun</b>
10:11.58		<b>SHELBY JENSEN</b>	<b>UTAH STATE</b>	<b>6-May-05</b>	<b>2</b>	<b>Stanford Inv</b>	<b>Palo Alto, CA</b>	<b>29-Mar</b>
10:19.20		<b>Victoria Rodriguez</b>	<b>Washington HS</b>	<b>2-Nov-06</b>	<b>24</b>	<b>Portland Track Festival</b>	<b>Portland, OR</b>	<b>8-Jun</b>
<b>High Jump</b>								
			<b>USU20: 5-08.75</b>	<b>WU20: 5-10.75</b>				
6-02.25A	1.89A	<b>*JaiCieonna Gero-Holt</b>	<b>Washington HS</b>	<b>2-Dec-06</b>	<b>2</b>	<b>USATF Indoor</b>	<b>Albuquerque, NM</b>	<b>16-Feb</b>
6-02A	1.88A	<b>CHEYLA SCOTT</b>	<b>OREGON</b>	<b>12-Aug-05</b>	<b>2</b>	<b>PAC 12</b>	<b>Boulder, CO</b>	<b>11-May</b>
6-01.5	1.87	<b>Karsyn Leeling</b>	<b>Nebraska HS</b>	<b>15-Jan-06</b>	<b>1</b>	<b>Alliance Inv</b>	<b>Alliance, NE</b>	<b>12-Apr</b>
6-00.75	1.85	<b>CLAIRE LOWREY</b>	<b>TEXAS TECH</b>	<b>21-Jan-05</b>	<b>3</b>	<b>Corky/Crofoot Inv</b>	<b>Lubbock, TX</b>	<b>27-Apr</b>
6-00.25	1.84	<b>Cortnie Barker</b>	<b>Utah HS</b>	<b>24-Mar-06</b>	<b>1</b>	<b>UT 6A</b>	<b>Provo, UT</b>	<b>16-May</b>
6-00	1.83	<b>*JaiCieonna Gero-Holt</b>			<b>hept</b>	<b>Mt. SAC</b>	<b>Walnut, CA</b>	<b>17-Apr</b>
<b>Pole Vault</b>								
			<b>USU20: 13-07.25</b>	<b>WU20: 13-01.5</b>				
15-02.75	4.64	<b>HANA MOLL</b>	<b>WASHINGTON</b>	<b>31-Jan-05</b>	<b>1</b>	<b>UW Invite</b>	<b>Seattle, WA</b>	<b>27-Jan</b>
15-01	4.60	<b>HANA MOLL</b>		<b>31-Jan-05</b>	<b>1</b>	<b>Mt. SAC</b>	<b>Walnut, CA</b>	<b>20-Apr</b>
14-10.25	4.53	<b>AMANDA MOLL</b>	<b>WASHINGTON</b>	<b>31-Jan-05</b>	<b>2</b>	<b>PAC 12</b>	<b>Boulder, CO</b>	<b>12-May</b>
14-09	4.50	<b>ALENCIA LENTZ</b>	<b>BAYLOR</b>	<b>5-Apr-05</b>	<b>1</b>	<b>Big 12</b>	<b>Lubbock, TX</b>	<b>23-Feb</b>
14-07.5	4.46	<b>MOLLY HAYWOOD</b>	<b>BAYLOR</b>	<b>Mar-05</b>	<b>1</b>	<b>Michael Johnson Inv</b>	<b>Waco, TX</b>	<b>19-Apr</b>
14-07.25	4.45	<b>Jathiyah Muhammad</b>	<b>California HS</b>	<b>1-Jan-06</b>	<b>1</b>	<b>Air Force HS Open</b>	<b>Colorado Springs, CO</b>	<b>3-Feb</b>
14-04	4.37	<b>Jathiyah Muhammad</b>		<b>1-Jan-06</b>	<b>1</b>	<b>Texas Relays</b>	<b>Austin, TX</b>	<b>31-Mar</b>
14-03.25	4.35	<b>ALENCIA LENTZ</b>		<b>5-Apr-05</b>	<b>3</b>	<b>Michael Johnson Inv</b>	<b>Waco, TX</b>	<b>19-Apr</b>
<b>Long Jump</b>								
			<b>USU20: 20-02.25</b>	<b>WU20: 20-04.25</b>				
22-06.25	6.86	<b>1.0 SOPHIA BECKMON</b>	<b>ILLINOIS</b>	<b>17-Aug-05</b>	<b>1</b>	<b>Fighting Illini Tuneup</b>	<b>Champaign, IL</b>	<b>4-May</b>
21-06	6.55	<b>Avery Lewis</b>	<b>Pennsylvania HS</b>	<b>21-Dec-05</b>	<b>1</b>	<b>PA Track Carnival</b>	<b>Bethlehem, PA</b>	<b>10-Feb</b>
21-05.5	6.54	<b>-0.1 SYDNIE VANEK</b>	<b>ARIZONA</b>	<b>14-Jun-05</b>	<b>1</b>	<b>Desert Heat Classic</b>	<b>Tucson, AZ</b>	<b>27-Apr</b>
20-10.75	6.37	<b>1.9 Tristen Harris</b>	<b>Louisiana HS</b>	<b>18-Sep-07</b>	<b>1</b>	<b>LA 4A</b>	<b>Baton Rouge, LA</b>	<b>4-May</b>
20-10.75	6.37	<b>1.1 ALEXANDRIA JOHNSON</b>	<b>ARIZONA STATE</b>	<b>26-Jul-05</b>	<b>2</b>	<b>USATF U20</b>	<b>Eugene, OR</b>	<b>13-Jun</b>
20-08	6.30	<b>0.9 Avery Lewis</b>		<b>21-Dec-05</b>	<b>4</b>	<b>USATF U20</b>	<b>Eugene, OR</b>	<b>13-Jun</b>



<u>Triple Jump</u>			<u>USU20: 41-00.25</u>	<u>WU20: 42-04</u>					
44-02.5	13.47	-2.6	Skylynn Townsend	Texas HS	21-Jul-05	1	USATF U20	Eugene, OR	12-Jun
43-03	13.18		Corintia Griffith	New York HS		1	Sec 5 State Qualifier	Rochester, NY	24-Feb
43-00	13.11	1.8	*Gabrielle Pierre	Massachusetts HS	8-Feb-07	1	MA Division 1	Westfield, MA	24-May
42-06.75	12.97	0.8	MA'KALA DAVIS	JACKSONVILLE	1-Jan-05	1	South Florida Inv	Tampa, FL	5-Apr
42-02	12.85	-1.9	Sydnee Burr	Texas HS	7-Jun-06	2	TX 6A	Austin, TX	4-May
<u>Shot Put</u>			<u>USU20: 47-07</u>	<u>WU20: 47-07</u>					
59-05	18.11		AKAOMA ODELUGA	MISSISSIPPI	14-May-05	3	SEC	Gainesville, FL	10-May
58-01	17.70		GRACELYN LEISETH	FLORIDA	25-May-05	3	NCAA East	Lexington, KY	23-May
55-11.75	17.06		ELIZABETH TAPPER	MICHIGAN	12-Apr-05	1	Clyde Hart Inv	Waco, TX	23-Mar
54-10.75	16.73		Hadley Lucas	Indiana HS	10-Feb-06	1	Conference Indiana	Bloomington, IN	26-Apr
53-07.75	16.35		CARLIE WEISER	TEXAS A+M	8-May-05	26	NCAA West	Fayetteville, AR	23-May
<u>Discus</u>			<u>USU20: 157-06</u>	<u>WU20: 160-09</u>					
181-07	55.36		CARLIE WEISER	TEXAS A+M	8-May-05	3	Corky/Crofoot Shootout	Lubbock, TX	27-Apr
180-02	54.93		Camryn Massey	North Carolina HS	18-Nov-05	1	County Champs	Gastonia, NC	15-Apr
179-06	54.72		GRACELYN LEISETH	FLORIDA	25-May-05	1	USATF U20	Eugene, OR	12-Jun
178-02	54.32		REESE GARLAND	USC	30-May-05	3	USC vs UCLA	Westwood, CA	27-Apr
176-05	53.79		Madeleine Fey	Texas HS	20-Apr-06	1	TX 5A Dist 21-22	Magnolia, TX	11-Apr
<u>Hammer Throw</u>			<u>USU20: 172-03</u>	<u>WU20: 188-08</u>					
198-08	60.56		JORDAN KOSKONDY	ILLINOIS	10-Mar-05	1	USATF U20	Eugene, OR	12-Jun
196-10	59.99		JENNA GALLAWAY	USC	26-Jul-05	3	USC vs UCLA	Westwood, CA	27-Apr
194-07	59.32		ADRIANNA COLEMAN	CALIFORNIA	18-Jul-05	2	Hornet Inv	Sacramento, CA	16-Mar
187-00	57.00		RUBY JORDAN	UTAH STATE	17-Mar-05	2	Oregon Twilight	Eugene, OR	3-May
186-06	56.86		Kimberly Beard	Washington HS	11-Dec-07	2	USATF U20	Eugene, OR	12-Jun
<u>Javelin</u>			<u>USU20: 150-11</u>	<u>WU20: 162-05</u>					
173-09	52.97		EVIE BLISS	BUCKNELL	14-Jun-05	2	Hurricane Inv	Coral Gables, FL	23-Mar
170-04	51.92		OLIVIA VANDERWEIDE	PITTSBURG STATE	26-Jun-05	1	NCAA Div II	Emporia, KS	25-May
170-01	51.86		ALYSA KELLER	BYU	27-Jul-05	2	Big 12	Long Beach, CA	10-May
167-06	51.06		Eliza King	South Carolina HS	2-Nov-05	1	SC 4A	Columbia, SC	18-May
166-08	50.81		JULIA MAGLIARO	DUKE	3-Jun-05	2	ACC	Atlanta, GA	9-May
<u>Heptathlon</u>			<u>USU20: 4950</u>	<u>WU20: 5300</u>					
5420			JaiCieonna Gero-Holt	Washington HS	2-Dec-06	1	USATF U20	Eugene, OR	13-Jun
5363			Abby Elmore	Texas HS	1-Sep-05	2	USATF U20	Eugene, OR	13-Jun
5257			Janie Ford	Alabama HS		1	AL Multis	Hoover, AL	16-May
5102			MIRANDA BURGETT	ARKANSAS STATE	21-Jul-05	9	Bryan Clay Inv	Azusa, CA	12-Apr
5076			YVETTE HARRIS	CENTRAL FLORIDA	26-Jul-05	8	Hurricane Alumni Inv	Miami, FL	5-Apr

